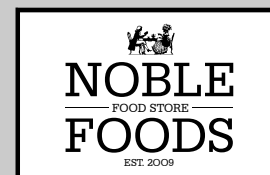


SEPTEMBER



SENIORS MEALS

5 MEALS FOR \$65 DEAL

(1-4 Meals \$14 each | 5 or More \$13 each)

- Chicken cacciatore w broccoli & mash Friendly
- Beef bolognese w vegetable spaghetti Friendly
- Chicken w mushroom & spinach risotto Friendly
- Pumpkin ravioli w creamy lemon sauce
- Crumbed chicken, veggie bake w plum sauce *GF On Request
- Beef brisket w mash & peas Friendly
- Cottage Pie Friendly
- Roast pork, veg & gravy *GF On Request

SAH & NDIS clients welcome. (Have your provider contact us)

SOUP \$6.50 (Single Serve FROZEN)

- ☐ Carol's pumpkin soup
- ☐ Lamb & veggie soup

DESSERTS \$6.50

- ☐ Rhubarb & Apple crumble
- ☐ Butterscotch pudding
- ☐ Baked cheesecake

STEAMED VEG \$6.50

Broccoli, Carrot, Spinach & Beans

ORDERS

Place orders Mon or Tue 7:30am - 2:30pm

DELIVERIES

Thursday 1pm - 4:30pm

DELIVERY COSTS

- Free Delivery to Leopold.
- Delivery to selected suburbs \$15
- All Pickups on Friday

CARD/EFTPOS FEES

VISA eftpos 1.4% We Cash

*Strictly no alterations or dietary changes to all meals.

PH 0414 149 446

35 ASH RD, LEOPOLD